

### **BREAKING NEWS... EU health claims regime now threatens business to business communication**

The EU's Nutrition and Health Claims Regulation (NHCR) is a legislative disaster. [There is now a risk](#) that even B2B communication, hitherto outside the scope of NHCR, may be included, which also threatens practitioner education.

### **EU 'in' or 'out': potential impacts on natural health in the UK**



British citizens vote [in or out of the EU](#) in the referendum to be held on the 23rd June. For the natural health trade in the UK, EU regulation presents probably

the biggest obstacle. UK regulators typically follow EU laws prescriptively and using narrow and overly restrictive interpretations. It's very uncertain whether opting out would result in a greater liberalisation of the UK natural health market, which is currently the third largest in the EU. Dr Verkerk provided responses to this issue at his recent lecture at the annual lunch meeting at the Health Food Institute in London.

### **Germany: #BanDrugsNotFoods**

Germany's clubbing scene, like those of other European countries, is laced with legal highs. Are [natural products at risk in Germany](#) from new legislation to protect young people from these dangers? We urge German companies and natural health interests who may be affected to [contact their political representatives in the Bundestag](#).

A [German translation](#) is available.

### **Will complementary therapies be sidelined for the terminally ill in the UK?**

[ANH-Intl has objected](#) to proposals by the National Institute for Health and Care Excellence, to remove complementary therapies from supportive and palliative care guidelines. Please [sign](#) the petition.

### **Let's break the mental health taboo in 2016**

[Grassroots pressure is needed](#) to change the way mental health is prevented, diagnosed, treated, acknowledged and accepted by society. Time to take a stand against pill-popping as the main treatment, give how functional and holistic medicine has been successful in addressing multifactorial underlying causes.

See also [Time for joined up thinking in mental health?](#)

### **Acrylamide: cooking ourselves to death**

ANH-Intl recently released a [database on acrylamide](#) levels from the US, EU and UK government analyses. This followed a new warning on acrylamide in high temperature cooked food products, published by the UK chief government advisor on nutrition.

### **Other ANH-Europe News**

[Stand and let your mitochondria be counted!](#)

[Omega 7: a key healthy saturated fat and lips regulator](#)

[Monsanto contaminates babies, beer — and the world](#)

[Binge-drinking and alcohol dependence reaches new high](#)

[Pharma domination in figures](#)

[Ten things you should know BEFORE taking statins](#)

[Do antioxidants help or hinder our response to exercise?](#)

[The do's and don'ts of cooking with olive and other oils](#)

[Unlocking clues to cancer: alterations in cell metabolism and microenvironment](#)

[HPV vaccine 'cover-up' allegations](#)

['The Matrix' - why we need to take combined, not isolated, nutrients](#)

[An undeniable fact: autism prevalence set to end society as we know it](#)

[Smart meter risks in 2016: global rollout continues](#)

[ANH-Intl review of 2015: breaking boundaries for natural health](#)

[Grassroots pressure against HPV vaccine grows](#)

[Professor Tim Noakes and the 'Banting for Babies' trial](#)

[Toxxscan: online service to expose known chemical risks](#)

[BBC lights up with Doctor in the House](#)

[Brain disorders - now the biggest burden on healthcare](#)

[Childhood Obesity debate at EDUcatering Forum 2015](#)

[Top ten causes of adult obesity](#)

[Science births recognition of dietary nucleotides as new nutrient group](#)

## **BREAKING NEWS.. Now Even the US Attorney General Is Slandering Supplements!**

US Attorney General Loretta Lynch released a video last week for National Consumer Protection Week, which [spread gross misinformation](#) about dietary supplements. Practitioners can [take action](#) to correct her misinformation.

## **Medicine's Future: Will the FDA Let it Happen?**



The field of medical testing is *"the most exciting and innovative advancement in medicine today"*. It is an essential part of natural and integrative medicine. ANH-USA have been

[closely monitoring](#) the FDA attempts to throttle innovators. An FDA report details 20 case studies of supposedly inaccurate or misleading tests. Banning such tests benefits insurance companies.

[Tell the FDA](#) they have no legal authority to regulate medical tests.

See also: [FDA, Allied Monopolists, and Allied Media Continue War on Medical Testing Innovation.](#)

## **More Supplements Face the Axe**

The FDA's Pharmacy Compounding Advisory Committee (PCAC) is discussing whether to [continue to allow](#) a new group of supplements and drugs from being made for individuals. Supplements at risk include Boswellia, Aloe vera, D-ribose, Chondroitin sulphate, and acetyl-L-carnitine.

[Tell the PCAC to approve the bulk ingredient nominations](#)

See also: [War on Natural Medicine Continues, Congress Sends Strong Warning to FDA](#), and [Say Goodbye to Medical Curcumin!](#)

## **Is Your State Being Targeted by a Medical Monopoly?**

The Federation of State Medical Boards continue to push for the establishment of a [medical monopoly](#). This year there are a number of states considering bills that would enact the Interstate Medical Licensure Compact.

[Please take State-based action.](#)

See also [Eleven States Join the Push for Medical Monopoly.](#)

## **HSAs Should Cover Supplements!**

A [bill has been introduced](#) that would allow Health Savings Account (HSA) funds to go toward dietary supplements without having to get a doctor's prescription. The Health Savings Act of 2016 expands the term "medical care" to include vitamins, minerals, herbs, homeopathy and other natural health products. [Tell Congress to support this bill.](#)

## **Other ANH-USA News**

[Medical Scope Risk Worse than Previously Thought](#)  
[Gardasil Vaccine Even More Dangerous than Previously Thought](#)

[Bad Trade Deal Gets Worse](#)

[Crony FDA Chief Approved by Senate](#)

[Turning Up the Pressure on PBS](#)

[Natural Alternative 10,000 Times More Effective than Chemo](#)

[FDA Attacks Brain Health Supplements](#)

[Massive Vaccine Cover-Up](#)

[New Study: GMO Crop Contamination Spreading, They Knew from the Beginning...](#)

[Attack on Vaccine Choice Rolls East](#)

[Poisoning Our Children, Even in the Womb](#)

[Grass-Fed Label For Meat—Gone!](#)

[Superbugs to Kill Millions Soon?](#)

[FDA: Your Own Cells Are a Drug!](#)

[Who Will Give Us Trustworthy Diet Advice?](#)

[Why is a Cancer-Causing Additive Banned Elsewhere in the World Still in Our Bread?](#)

[Bananas as We Know Them May Be Disappearing](#)

[Your Family's Meat—Will You Know Where It Comes From?](#)

[GM Chicken Approved "For Medicinal Purposes"! Are Humans Next?](#)

[Big Food vs. Big Medicine: One Fluid, the Other Frozen](#)

[Artificial Sweeteners Contribute to Diabetes](#)

[Are GMOs a "Natural" Food?](#)

[Are Cardiologists Dangerous?](#)

[New Research Banned on Medical Food and Supplements?](#)

**Big Pharma’s new foothold in Africa: benefit or threat?**

Our alliance partner the [Traditional and Natural Health Alliance](#) has highlighted a [new threat to Africa](#): A new Directive to harmonise the medicines law for all 55 African states, recently adopted by the African Union. A new centralised African Medicines Agency will enable, monitor and enforce this law. This will facilitate the growth of pharmaceutical markets across the continent, and may threaten access to traditional African and complementary medicine.

**Has South African anti-natural health law been derailed?**

South Africa’s new Medicines and Related Substances Amendment Bill 6 is [set to restructure](#) its medicines regulator into a clone of the US FDA. Probably to avoid a constitutional challenge (the Bill excluded regulation of indigenous African traditional medicines), there was 11th hour removal by the parliament of the ‘Complementary Medicine definition’, rendering it toothless for regulating natural health products.



[Register here](#) for the Australasian College of Nutritional and Environmental Medicine’s **6th International Conference on The Science of Nutrition in Medicine and Healthcare**.

We thank you for your collaboration, contributions and support as, united, we are better equipped to tackle the mounting, global challenges and threats to natural health, as well as to our fundamental freedoms. Please forward this newsletter to your members, colleagues and interested parties. Please also share widely on your social media networks using our links.

We have recently produced a concise collaborating practitioners’ [position paper](#). Should your organisation of practitioners be interested in [collaborating](#) with ANH International on any of our campaigns, we would very much like to hear from you. Please email Yvonne England, our practitioner liaison, at [yvonne@anhinternational.org](mailto:yvonne@anhinternational.org).

In health, naturally

Yvonne England  
Practitioner Liaison



**For further information:**

ANH International: [www.anhinternational.org](http://www.anhinternational.org)

<http://twitter.com/anhcampaign>

ANH Europe: [www.anh-europe.org](http://www.anh-europe.org)

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