

BREAKING NEWS... Will EFSA remove any road blocks for nutrients in supplements?

ANH-Intl have [submitted comments to a recent EFSA consultation](#) for proposed revision of their restrictive Food Supplements Directive guidance. It concerns the barrier for applications for the addition of vitamins and minerals to the positive list of allowed forms across Europe.

Brexit and natural health - what next?



We provide a [summary analysis](#) of the strengths, weaknesses, opportunities and threats that face natural health in the UK with Brexit.

See also our analysis of the EU's [Distorted Dozen](#) laws endangering natural health, and the UK policy action points following Brexit. Key reading for anyone involved in natural health in the UK.

UK College of Medicine Addresses Food. The Forgotten Medicine

The [College of Medicine's dynamic 2016 conference](#) focussed on how food can be used to prevent and treat different problems and diseases — a first for conventional UK clinicians. ANH-Intl attended alongside some of the most inspiring doctors driving change in UK mainstream healthcare, including Dr Rangan Chatterjee of BBC's "Doctor in the House", and Dr Rupy Aujla of [The Doctor's Kitchen](#). The elected line up of expert speakers ensured "the day was replete with light bulb moments for those new to the subject matter". Conventional doctors are increasingly recognising that dietary and lifestyle choices play a key part in any person's long-term health. Encouragingly, we are seeing an increasing acceptance of nutritional practitioners and other non-medically qualified health professionals in GP clinics with a move towards integrative practices. The way forward for can only be for GP practices to embrace a foundation of teamwork and empowerment shared between the doctor, his or her collaborating team of health professionals — and, centrally, the patient.

#functionalforum: expression of a healthcare revolution

Nowhere is the drive towards integrative healthcare more evident than growing movement spearheaded by the [Functional Forum](#) initiative, described as, "the world's largest integrative medicine conference". On the first Monday of every month, a forum is held somewhere in the world and broadcast to any healthcare practitioner that has signed up to tune in. It's led and co-founded by US-based British entrepreneur James Maskell. The forums bring together the latest functional medicine news and views on research and practice development and health technology in an inspiring, accessible, upbeat and entertaining way. ANH-Intl attended June's forum at the Royal Society of medicine in London. It's

on [You Tube](#) for you viewing pleasure, but do sign up for future forums.

New approach to calculating optimum vitamin and mineral intakes

Scientists at the Netherlands-based research institution, TNO, have [developed a ground-breaking risk-benefit approach to determining optimum intakes of vitamins and minerals](#). The research has been commissioned by ANH-Intl and builds on Rob Verkerk PhD's [deconstruction of the EU's risk analysis criteria](#) related to the [setting of maximum permitted levels of vitamins in minerals](#) in 2010. The new model for risk/benefit analysis has been published 'ahead of print' in the leading, peer-reviewed scientific journal *Critical Reviews in Nutrition and Food Science*. This follows the earlier publications of ANH-Intl's two *Toxicology* papers revealing major scientific weaknesses in the approaches being considered by the EC to harmonise EU-wide maximum vitamins and mineral doses in supplements.

Other ANH-Europe News

- [Our health predicament: How do we know what works and what doesn't?](#)
- [Should British women only take NHS vitamins if they want a healthy start?](#)
- ['Stop the clock' - unlocking the mysteries of ant-ageing](#)
- [Taking responsibility for our own health](#)
- [Enhance metabolic flexibility and burn more fat](#)
- [Risks of multiple concurrent vaccinations are real](#)
- ['The Cancer Revolution' - the revolutionary new patients' guide](#)
- [UK Royal Society whitewash on GM crops](#)
- [EFSA closes its doors on sunshine vitamin views](#)
- [Modifying your lifestyle to restore balance](#)
- [ANH-Intl survey initial findings: self-care vs doctor-dictated healthcare](#)
- [Health professionals from around the world unite in San Diego](#)
- [Can the Low Carb High Fat bubble be burst?](#)
- [Get yourself ready for your 2016 challenge!](#)
- [Nuhealth2 - Fix the healthcare system 101](#)
- [Don't let EFSA limit your vitamin D intake](#)
- [NOPE's 20th birthday!](#)
- [De Niro speaks out on Tribeca and Vaxxed](#)
- ['Toxicity is the new normal' says natural medicine expert Pizzorno](#)
- [Vaccination - don't shoot the messengers!](#)

BREAKING NEWS.. Secretive Trade Group Moving Against Natural Medicine?

The Federation of State Medical Boards recently [considered adopting a position statement](#) encouraging physicians to avoid engaging in “office use” and to avoid making sterile medications in their offices. Instead, physicians would be encouraged to get sterile medications from 503B “outsourcing” facilities. [Take action if you're a US practitioner.](#)

FDA in need of reform



How many Americans have died from using FDA-approved drugs, vaccines, and medical devices? The [ANH-USA FDA Death Meter](#) provides an interactive FDA

damage calculator. It also summarises the case against the FDA, and provides a list of the deadliest drugs.

There is [systemic corruption at the FDA](#) according to its own staff researchers, court rulings and Congress: “*When the FDA’s own scientists send a letter to Congress exposing outrageous cases of retaliation against those refusing to sign off on unsafe, unproven, ineffective products, it’s clear the corruption at the FDA is far-reaching and thoroughly entrenched. Pressure to approve dangerous drugs and devices is coming from top managers with ties to big business... And there is much much more.*”

[Take action](#) to reform the FDA.

See also [Give FDA Even More Power](#)

Industry GMO Labeling Bill Passes

The Roberts-Stabenow [GMO labelling bill](#) now awaits [President Obama’s signature](#). Please [take action](#). The public are being told that it is a ‘mandatory labelling bill’, but it appears to be “*designed to avoid real mandatory labelling*”. In fact it’s worded such that it could be used “*to allow Big Food to sue companies who label their food as non-GMO if they aren’t members of the USDA’s certified organic program*”. It also discriminates against smartphone non-users.

Why Are All Doctors Being Threatened With Jail?

Integrative doctors [are often targeted](#) by the medical establishment and federal authorities, and are particularly vulnerable to prosecution and jail time on arbitrary or even trumped-up charges. Sen. Hatch’s new bill may help. [Please support this.](#)

Why Are Vaccine Ingredients Not Being Tested for Safety?

[Studies show](#) that repeated inoculation with aluminum-containing vaccines causes severe neurological problems, and various other issues. This is why California’s mandatory vaccination law must be stopped. [Please take action.](#)

Other ANH-USA News

[Worried about Prostate Cancer?](#)

[CDC Official Resigns after Crony Ties Exposed](#)

[Roundup Chemical in Our Food: Round Two of Testing ANH-USA and Others Sue to Overturn CA Vaccine Law](#)

[Anti-Cancer Nutrient in Peril?](#)

[Are Antibiotics Finished, With Millions of Casualties Coming?](#)

[Protecting Higher-Dose Supplements](#)

[Ignoring Consumer Protests, FDA Throttles Medical Foods](#)

[Another Anti-Supplement Sneak Attack from Blumenthal?](#)

[Acid Blockers Cause Brain Damage, Kidney Disease?](#)

[Gluten in Your Thyroid Drug?](#)

[The Best Kept Secret for Healing](#)

[Bio-Identical Hormones ‘Out of Business’ Sign Going Up?](#)

[FDA Reverses Its Folate Ban](#)

[Natural Hormones: New Threat](#)

[Expanding Access to Vitamins](#)

[FDA Defies Congress, Slips Money to Hospitals, and Stiffs Consumers](#)

[Is Medicine Really the Third Leading Cause of Death in the US?](#)

[Fighting for Naturopaths](#)

[B Vits: Deep-Sixing Them the Easy Way](#)

[Is the Government Trying to Stamp Out Cheap Medical Testing Technology?](#)

[Mystery Food Mandated by Congress?](#)

[New Cancer Treatment on the Way?](#)

[Soda Blocks Brain Repair](#)

[Dissent Silenced in Nutrition Debate](#)

[More Poisonous than Glyphosate....](#)

2 [Natural Thyroid Medications at Risk Borax Being Added to Vaccines](#)

ICMRA strategy targets South Africa and New Zealand

South Africa's [Traditional and Natural Health Alliance](#) was told in June by the Medicines Control Council (MCC) Registrar of Medicines that the 'recent regulations' threatening natural health products and traditional medicines "*are in alignment with the MCCs regulatory convergence (harmonization) programme under the auspices of the International Coalition of Medicines Regulatory Authorities*". They were earlier informed that "*various countries, including South Africa would follow Health Canada's lead in bringing natural health products under a quasi-drug-regulatory*

model, and that these regulatory schemes would become benchmarks for the other countries to follow". South Africa and New Zealand appear to be first in this global strategy. The TNHA rejects the entire regulatory system as per the 2013 regulations for natural health products.

In New Zealand, the restrictive Natural Health & Supplementary Products Bill is in its final reading in the NZ legislature. [A legal challenge is being mounted](#) to the provisions of this bill by an alliance of natural products companies, doctors, and affected individuals.



[Book Tickets](#) for the **Australasian Integrative Medicine Association's 'Nature Science Practice' Conference** in Sydney on 3 - 4 September 2016.

[Book Tickets](#) for ANH-Intl's first presentation down under! Entitled "**Broaden Your Practice: get ahead of the personalised medicine curve**" in Sydney on 25th October 2016. Rob Verkerk PhD and Meleni Aldridge BSc Nut Med will be joined by Dr Robin Willcourt, a functional medicine doctor with over 30 years experience. Robin's book [Chasing Antelopes](#) is just out.

We thank you for your collaboration, contributions and support as, united, we are better equipped to tackle the mounting, global challenges and threats to natural health, as well as to our fundamental freedoms. Please forward this newsletter to your members, colleagues and interested parties. Please also share widely on your social media networks using our links.

We have produced a concise collaborating practitioners' [position paper](#). Should your organisation of practitioners be interested in [collaborating](#) with ANH International on any of our campaigns, we would very much like to hear from you. Please email Yvonne England, our practitioner liaison, at yvonne@anhinternational.org.

In health, naturally

Yvonne England
Practitioner Liaison



For further information:

ANH International: www.anhinternational.org

ANH Europe: www.anh-europe.org

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