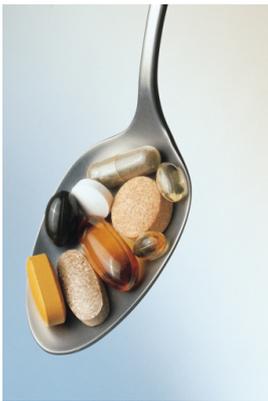


IN TRIBUTE...

Farewell to a leading East-West integrator: Prof Man Fong Mei

We have sadly said [goodbye](#) to Professor Man Fong Mei, 67, who passed away with sudden heart failure on January 8th 2014. Founder of world-renowned, UK-based Chinese medicine clinic Acumedic, a practitioner, enthusiastic teacher and larger-than-life personality, Prof Mei was a pioneer of Chinese medicine in the UK.

The global dietary supplement attack



As people worldwide continue to shun mainstream medicine in favour of more natural approaches, media attacks continue to mount. They reflect a wider threat from certain quarters of the scientific, regulatory and media establishments, which must be resisted at all costs. ANH-Europe [sets the record straight](#) regarding the 'unregulated wild west' claim attributed to the

supplements industry. The European issues summarised in the article are central to our work at ANH International. Continuing practitioner support and engagement with our campaigns alongside calls to action, helps the ongoing efforts of ourselves and ANH-USA to counter these threats, and to challenge bad science and inappropriate law making.

Following this theme are the two latest articles from Dr Robert Verkerk throwing a further spotlight on recent negative studies emblazoning newspaper headlines:

Can vitamin E and selenium supplements increase prostate cancer risk?

New data from a major trial (SELECT) show that men with high or low selenium status may be at greater risk of prostate cancer if they take high-dose selenium or synthetic vitamin E supplements, respectively. These findings conflict with several other major studies and may be due to artefacts of the study or the forms and dosages of supplements delivered, as well as other uncontrolled factors. [More...](#)

Does folic acid protect from — or cause — cancer?

A new rat study reminds us of folate's double-edged sword in relation to cancer. Whilst it can be protective against cancer initiation, it may also promote the growth of existing tumours. To date, all of the negative studies into high-dose folate use relate to synthetic folic acid, and not folate as is naturally-occurring in food. The mechanism of why

high-dose folic acid may result in either cancer rates in some people is not fully understood, but unmetabolised folic acid (UMFA) left in the bloodstream appears to be an emerging risk factor. [More...](#)

European Commission trains its anti-natural sights on seeds

The EC's [proposed 'seed law'](#) is turning out to be one of the most controversial pieces of legislation in its history. It will set up a pre-market authorisation system: Plant reproductive material that is not registered will not be legal for sale. Concerns include impacts on plant biodiversity, organic and small farming operation, and long term food production. Even home gardeners could be prevented from exchanging seeds, cuttings etc! The parallels between the proposals and the various strands of EU legislation affecting natural healthcare are blindingly apparent. Read our [lowdown](#) on the issues, the current situation and how to make your voice heard. Please [take action](#).

British Society for Ecological Medicine (BSEM) scientific conference

The BSEM Scientific Conference "*Electromagnetic Radiation and Health Evidence, Diagnosis and Management*" takes place on 7th March 2014.

[Program and registration form](#).

Other top EU news picks

[Passage of Saatchi innovation bill into law dependent on public support](#)

[Unseen and unsound: Why it's time to cut down on food packaging](#)

[How contaminated are your food supplements?](#)

[In search of true organic food — outside the supermarket](#)

[EFSA sides with industry pests on pesticides](#)

[Progress for UK herbal practitioners: Do the best things come to those who wait?](#)

[Why Facebook is failing — especially for non-profits](#)

[Ayurveda group receives reassurances from UK government](#)

BREAKING NEWS.. GMO Human Embryos Have Already Been Created

The FDA have held a public meeting to discuss the genetic manipulation of human eggs and embryos for the prevention of inherited mitochondrial disease and to treat infertility. It emerged that [GMO embryos have already been created!](#) Please [write to the FDA](#) and tell them to reject the genetic manipulation of human embryos altogether.

War on Integrative Medicine



Three ANH-USA reports set out the apparent strategy for attacks on integrative medicine, thereby conserving the conventional medicine monopoly.

Part One: Eliminate the integrative doctors

Three powerful conventional US medical organisations, allied with federal and state government, work closely

together as a close-knit confederacy. A prime objective appears to be to eliminate competition from natural health practitioners — in particular Integrative MDs and DOs. It's as if they regard them as traitors. The organisations are the American Medical Association (AMA), the Federation of State Medical Boards (FSMB), and the American Board of Medical Specialties (ABMS). [More...](#)

Part Two: Eliminate supplements

Attacks on supplements are becoming increasingly loud and clear. Journals and conventional media outlets inform us that they shouldn't be used because they are a harmless waste of money, and because they are harmful (yet these are contradictory messages). With very few exceptions, this is junk science, as [ANH-USA](#) and [ANH-Europe](#) have pointed out repeatedly.

Part Three: Get the public to believe junk science

When nutritional science is twisted by 'AMA-helmed' medical journals, the mainstream media lap it all up without question (like the AMA, they are financially supported by Big Pharma). For the strategy to work, the public are then meant to believe the junk science. Fortunately, many have already woken up or are better [informed](#).

The emerging science of epigenetics

Practitioners are becoming more aware of the [emerging science of epigenetics](#) and the important new light it is shedding on diseases such as

Alzheimer's, and on diet and lifestyle choices. We know that gene expression can change as a result of the activities we pursue, the foods we eat, and even our emotional state, and that these things, in turn, may affect our grandchildren: transgenerational epigenetic inheritance. Thus our health choices, and government health policy become even more important, as do [any mistakes we are making](#).

ANH-USA concludes that the deeper we delve into epigenetics *"the more reasons we find to approach health naturally—through lifestyle changes, a wholesome diet free of GMOs and pesticides, the appropriate use of dietary supplements, and the avoidance of chemicals and contaminants. It also means it's more important than ever before to protect consumer access to the integrative practitioners who can help us lead healthier lives"*.

Other top US news picks

[CDC Caught Red-Handed Exaggerating Flu Cases and Deaths](#)

[Monsanto "Goes Organic" and Wins "Sustainability Award"—Right!](#)

[Brain Injury: Pentagon Officials Should Have Their Own Heads Examined](#)

[The Farm Bill: Three Big Wins, but One Dangerous Fluoride Amendment](#)

[Powerful Anti-Supplement Congressman Henry Waxman Retires](#)

[Bloomberg News: "Your Education Level Determines Your Diet!"](#)

[Anxiety: Powerful, Natural Solutions](#)

[An "Everyday" Drug Causes Acute Liver Damage When Is a Supplement a Beverage—and Vice Versa?](#)

[Update: Recent Article on Dr. Burzynski and Patient Privacy](#)

[Why Is Big Biotech Now Supporting a National GMO "Labeling" Law?](#)

[How Would You Like to Be Crippled by Anxiety, Suffer Frequent Panic Attacks, Write a Book about It—And Never Be Told about a Single Natural Supplement that Could Solve the Problem?](#)

The 6th World Ayurveda Congress and Arogya Expo: Call for abstracts

The [6th World Ayurveda Congress and Arogya Expo](#) takes place in November, in Pragati Maidan, New Delhi. You may [submit your papers](#) until the 15th June, through the website. Details of the event and themes for presenting oral and poster presentations can also be found on the [website](#).

The 4th Science of Nutrition in Medicine and Healthcare Conference

Register [here](#) for the 4th Science of Nutrition in Medicine and Healthcare Conference, presented by the Australasian College of Nutritional and Environmental Medicine. The impressive [conference program](#) has now been announced.

The 4th Science of
Nutrition in Medicine
and Healthcare Conference

Presented by the
Australasian College of Nutritional and Environmental Medicine

Saturday 3 May - Sunday 4 May 2014
Outrigger Hotel Surfers Paradise, Gold Coast, Queensland, Australia

ACNEM

KEEP ME INFORMED REGISTER

We thank you for your collaboration, contributions and support as, united, we answer the mounting challenges and worldwide threats to natural health and our freedoms. Please forward this newsletter to your members, colleagues and interested parties. Please also share widely on your social media networks using our links.

We have recently produced a concise collaborating practitioners' [position paper](#). Should your organisation of practitioners be interested in [collaborating](#) with ANH International on any of our issues, we would very much like to hear from you. Please email Yvonne England, our practitioner liaison, at yvonne@anhinternational.org.

In health, naturally



Yvonne England
Practitioner Liaison

For further information:

ANH International: www.anhinternational.org

<http://twitter.com/anhcampaign>

ANH Europe: www.anh-europe.org

ANH USA: www.anh-usa.org

<http://www.facebook.com/ANHInternational>

