

Thank you from ANH-Intl to our generous practitioner donors

ANH-Intl is a non-profit organisation funded entirely from donations. They are our life blood and allow us to continue our work to support your work in the most strategically focused way possible. Our sincere thanks this month go to one of our Swedish collaborating practitioner organisations, [Näringsmedicinska Terapeutförbundet](#), for the very generous donation we received recently from its members.

ANH-Intl delivers new messages on folate and obesity at camexpo 2014



The ANH-Intl team spent the first weekend of October at [Camexpo](#) — the 12th dedicated tradeshow for integrative health and wellness professionals, held in London. Over 4000 practitioners from

multiple disciplines partook of the wealth of knowledge imparted via presentations, workshop seminars and from the exhibition floor. This is an opportunity for us to engage directly with practitioners, and to focus on the issues and challenges they're currently facing in practice.

Dr Robert Verkerk's presentation, "*Balancing Methylation and Folate Trafficking — for healthful long lives*", was well attended and received. Intracellular folate and related pathways are currently a particularly fast-moving research area and are "...one of the most well researched epigenetic influences affecting our lifelong health and risk of disease". Dr Verkerk addressed how to best manipulate folate, other B vitamins, cofactors and minerals to optimise DNA methylation, repair and gene transcription in the clinic. He also took part in an obesity panel debate alongside endocrinologist, Alyssa Burns-Hill PhD, Tam Fry, spokesperson for the National Obesity Forum and Jayney Goddard, President of The Complementary Medical Association.

Musings on Ebola – a case for immune-modulation therapy

Rob Verkerk [argues for a concerted effort on immune support](#) to help stem West Africa's [Ebola](#) epidemic. "[Unproven interventions with as yet unknown efficacy and adverse effects, as potential treatment or prevention](#)" are on their way. But the bottom line is that a person's health and immune status before becoming infected with Ebola is one of the most crucial elements to their prognosis once infected. Functional and integrative medicine has decades of experience with naturally-occurring compounds, some produced endogenously, others from diet and environment, that have profound immune-modulating effects.

Translational nutritional nuggets

Meleni Aldridge has brought back and shared some nutritional nuggets from across the Atlantic, where she and Rob Verkerk attended the American College of Nutrition's (ACN) 55th annual conference, in San Antonio Texas. Entitled "[Translational Nutrition](#)", the conference brought together pioneers and luminaries in academia and research, such as Dr Ananda Prasad, Prof Harry Preuss and Dr Nicholas Perricone. Dr Verkerk was recently made an ACN Fellow.

Other ANH-Europe News

[Swedish study: could your dairy consumption weaken rather than strengthen your bones?](#)

[Electromagnetic hypersensitivity: Are we acting in time?](#)

[EC European Code Against Cancer initiative: 4th edition launched](#)

[ANH Exclusive: The Quest for the Cures...Continues](#)

[New study: Artificial sweeteners promote diabetes](#)

[ANH-Intl Feature: How will natural healthcare fare under Juncker's new Commission?](#)

[Patancheru poisoning - the untold cost of the Western world's cheap drugs](#)

[ANH-Intl criticises EFSA's folate intake recommendations as too low, arbitrary and locked in old, irrelevant science](#)

[Rob Verkerk and ANH receive excellence awards from top US law firm](#)

[EU medical device laws and natural products: loophole or opportunity?](#)

[Campaigning for truth in vaccination – interview with Christina England](#)

[Whistleblowing CDC senior scientist goes public as new evidence is suppressed](#)

[The CDC, the mainstream media and the vaccine scandal that you're not hearing about](#)

[ANH-Intl's August film festival](#)

[Depression: Mental condition or gut disorder?](#)

[When 'organic' doesn't mean organic in the EU](#)

[Blatant pseudoscience relieves FDA headache for aspirin manufacturers](#)

[Caution: UK non-diet soft drinks laced with artificial sweeteners!](#)

BREAKING NEWS.. Ebola: Government Ignores Natural Treatment Options

Ebola is making headlines, but very little is heard about the [natural ways](#) to guard against the disease, by building up the immune system. [Tell FDA and Congress](#) to Review Natural Ebola Treatments Immediately! A zealous protection of current medical monopolies together with an overabundance of red tape also [limits more conventional treatments](#).

Doctors in Stranglehold over Medical Testing and Diagnostics



[Medicare](#) won't pay for more than one diagnostic test per year that's not directly related to the illness currently being treated, and forbid doctors to treat more than one ailment per hospital visit. "Medically unnecessary" tests, procedures or services will be considered fraudulent "false claims". Medical nutritional therapy will only be covered in very limited circumstances, and only

FDA-approved drugs.

ANH-USA have also recently been [reporting](#) on a [new FDA proposal to increase its control over low-cost laboratory-developed tests](#) [LDTs]—including locally performed custom diagnostics and tests for rare conditions. Such tests are the future of medicine. [Ask the FDA](#) to clarify their regulatory authority to regulate LDTs, and remind them that even if they do have the authority to proceed, they should follow a formal rulemaking procedure so the public can have a say.

New Federal Bill Excludes Nutritionists

A new Senate bill, the "Older Americans CARE Act", has been recently introduced, which provides funding for programs supporting the elderly. It states that such services can be provided by nurses, registered dietitians, case managers, health coaches or social workers — [but not nutritionists](#). However, in response to concerns expressed by ANH-USA, Senator Merkley's office quickly vowed to add nutritionists next year, when the bill is reintroduced. ANH-USA say "Under the current bill, only registered dietitians would be eligible to provide medical nutrition therapy to patients for the management of chronic disease".

ANH-USA point out that any legislation on the state or federal level that excludes nutritionists is at odds with other federal laws, though registered dietitians are prone to obtaining unique privileges for themselves.

Tell NIH to Fund Intravenous Vitamin C Studies!

Scientists realise they might not have the full story about [how antibiotics work](#). A leading theory is that antibiotics create a pro-oxidant effect. If this proves true, there may be a role for intravenous vitamin C to help make treatments more effective against antibiotic-resistant drugs. ANH-USA board member Dr. Jeanne Drisko agrees, but there's a lack of government funding available for research. [Please write](#) to NIH and ask its National Cancer Institute to fund human trials on IV-C.

Other ANH-USA News

[USDA Power Play Threatens the Future of Organic Foods](#)

[FDA Censoring Free Speech on Facebook Dangerous Lawsuit Threatens the Few Supplement Health Claims Currently Allowed](#)

[Wall Street Journal Ignores Over Sixteen Hundred Letters Challenging Its Journalistic Ethics](#)

[Texas Medical Board as Out of Control as Ever Taxpayers Are Bailing Out the Insurance Companies—\\$1 Billion This Year Alone!](#)

[Who Is the Number One Foe of Supplements on Capitol Hill?](#)

[FDA Approves Controversial Diet Drug Despite Warning of Suicide Risk](#)

[Which Supplement Companies Do the Experts Swear By?](#)

[GMOs: Respected Analyst Says They Could Destroy Life on the Planet](#)

[Autism-Vaccine Cover-up Snowballs as Whistleblower's Identity is Revealed - updates Are Supermarket Mushrooms Dangerous to Eat Raw?](#)

[Tylenol Use During Pregnancy May Increase ADHD Risk for Children](#)

[New Report Finds FDA Deliberately Deceptive—and Slowly Poisoning Millions of Americans](#)

[Insurance Company Drug Managers Now Deciding What's Medically "Necessary"](#)

2 [Pre-Market Approval of Dietary Supplements: The Canadian Story](#)

News from collaborating organisations Aug-Oct 2014

TNHA defend natural health in South Africa

The [Traditional & Natural Health Alliance \(TNHA\)](#) has recently been making representations to the South African Parliamentary Portfolio Committee for Health. The campaign organisation has been delivering objections to the Medicines and Related Substances Amendment (SAHPRA) Bill, which threatens to unconstitutionally remove freedom to access and use natural health products in South Africa. They will shortly publish a press release on the outcome of the proceedings. Please sign the [Avaaz](#) and [TNHA](#) petitions, and South Africans can [join](#) the TNHA.

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We thank you for your collaboration, contributions and support as, united, we answer the mounting challenges and worldwide threats to natural health and our freedoms. Please forward this newsletter to your members, colleagues and interested parties. Please also share widely on your social media networks using our links.

We have recently produced a concise collaborating practitioners' [position paper](#). Should your organisation of practitioners be interested in [collaborating](#) with ANH International on any of our issues, we would very much like to hear from you. Please email Yvonne England, our practitioner liaison, at yvonne@anhinternational.org.

In health, naturally



Yvonne England
Practitioner Liaison



For further information:

ANH International: www.anhinternational.org

<http://twitter.com/anhcampaign>

ANH Europe: www.anh-europe.org

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