

A RESOURCE LIST OF WEARABLE DEVICES 2016

DEVICE	APP INTEGRATION	ACTIVITIES TRACKED	CHARGE	DISPLAY	ADDITIONAL FEATURES
Apple Watch	Yes	Exercise Sleep Stationary time Steps	18-48 hours	Interactive face Phone	Alarms Apple Music & Apple Pay integration Email Magnetic charger Maps Photos Voice control
Bellabeat LEAF	Yes	Exercise Sleep Stationary time Steps	None; 6-month battery	Phone	4-day memory Inactivity alert Pill reminder Smart alarm Sustainable materials Wireless sync
FitBit	Yes	Exercise Floors climbed Sleep Stationary time Steps	5-7 days	Interactive face Phone	Auto sleep detection Clock Caller ID Music control Silent alarm
Garmin	Yes	Exercise Floors climbed Sleep Stationary time Steps	40 hours – 5 days	Interactive face Phone	Auto sync Accelerometer Find my phone GPS Music control Smart notifications
InBody Band	Yes	Exercise Sleep Steps	7-10 days	Phone	Body composition analyzer Heart rate monitoring Smart notifications
Jawbone Up	Yes	Exercise Sleep Steps	7-10 days	Phone	Auto sleep detection Silent alarm Wireless sync
Microsoft Band	Yes	Exercise Floors climbed Sleep Steps	2 days	Interactive display Phone	Email & text alerts GPS Heart rate monitoring

A RESOURCE LIST OF WEARABLE DEVICES 2016

					Music control
Misfit	Yes	Exercise Sleep Steps	None; 6-month battery	Phone	Water resistant (50 m) Wireless sync
Moov Now	Yes	Exercise Sleep	None; 6-month battery	Phone	Audio coaching (in-app) Waterproof
Withings	Yes	Exercise Sleep	None; 8-month battery	Phone	Analog watch Auto sync Silent alarm Waterproof