



SELECTED REFERENCES SUPPORTING THE ANH-Intl FOOD4HEALTH GUIDELINES

January 2015

FATS

Alice H. Lichtenstein, D.Sc., Lynne M. Ausman, D.Sc., Susan M. Jalbert, M.L.T., and Ernst J. Schaefer, M.D. Effects of Different Forms of Dietary Hydrogenated Fats on Serum Lipoprotein Cholesterol Levels. *NEJM* 1999; 340:1933-1940. [\[Link\]](#)

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