

End of year review 2022



CELEBRATING MILESTONES

4

- ANH's 20th Birthday
- Pathfinder membership
- Global Collaborations

ALL THINGS COVID

104

- covidzone.org
- Unvaxxed study published

LAUNCHES

3

- Reset Eating published
- Health Creation Faculty launch
- ANH Europe launch

KEEPING YOU INFORMED

317

- 235 articles/news
- 50 videos
- 32 podcasts

CREATING HEALTH, NATURALLY

30

- Regenerative health
- Sustainable agriculture
- Healthy lifestyle

PROTECTING FREEDOM OF CHOICE

1

- Introduced the Micronutrient Risk-Benefit Model

TAKING A STAND

30

- For human rights
- For informed consent
- For health freedom