

# **What is Natural?**

**By Bryan Hubbard**

*By their fruits shall you know them.*

The simple dictionary definition suggests that a natural thing is from nature. The flora and fauna are natural phenomena. The evolution of the neo-cortex and the development of the conceptual mind has given man the idea that he is outside of nature. It is a conceit - it is an unnatural mind.

This unnatural mind has given birth to unnatural sciences and industries. Since the beginning of the 20<sup>th</sup> century, we have spawned the mass-production industries of petro-chemicals, plastics and processed foods.

How can we say they are 'unnatural'? They are not at one with nature or ourselves, and we suffer the consequences as a result:

- Global warming threatens the planet, and may make large swathes of land inhospitable within the next few hundred years
- Pollution is destroying the land and the seas
- Chronic disease has reached epidemic proportions. Heart disease, cancer, arthritis, asthma, diabetes and scores of other afflictions were rarer just 150 years ago
- Millions of acres of rain forest are being destroyed every year to fuel the mass-production industries. The rain forests are the earth's lungs

- Processed foods are making millions of young people obese, with the concomitant health problems that ensue.

Conventional medicine also arose from the unnatural mind that divided man from nature. It is anti-mankind as much as the petro-chemical, fast food and plastics industries; in a sense, it is worse because it wears the false clothing of being for the *benefit of mankind*.

This benefit of mankind:

- is the third major killer in the West after cancer and heart disease
- fills one third of all hospital beds every year with its ‘mistakes’, people who have had an adverse reaction to a drug or medical therapy
- hides its mistakes well (eg, the Vioxx scandal, where the manufacturer was aware its drug was killing people and hid the data for two years, and also with a system that under-reports adverse reactions, sometimes by a factor of 64,000 times)
- protects its interests through powerful political lobbies, controlling interests on editorial boards of the mass media, and by the payment of academics
- seeks to destroy any other form of therapy that represents a challenge to its profitability, and is currently doing so through the European Parliament and the worldwide Codex Alimentarius.

In its defence, and whenever anyone raises these inconvenient truths, it argues that it is a science, and, as such, is the only show in town. Anything that works is medicine; anything that doesn’t is alternative medicine, as the old joke goes.

Conventional medicine is not a science; it has even ceased to be an art. It is a commercial enterprise that seeks to protect its dividend streams to shareholders. If it were truly a science, nothing it ever produced would ever see the light of day. As it is, deaths from drugs are equivalent to a jumbo jet crashing every three days.

Aeronautics is a science, and we are happy to board an aeroplane, confident that it will take off, fly and land. By comparison, only around one third of prescription drugs has any therapeutic value (as admitted by GlaxoSmithKline), most are only marginally better than placebo, and all come with a raft of side effects, from insomnia right across the spectrum to death.

Imagine an aeronautical engineer trying to defend that. “Well, I think it’ll fly, but there is only a 30 per cent chance it will, and it’s just as likely to crash and kill you. It’s probably not a lot better than flapping your hands and if it does fly, you will become nauseous, and actually I can’t guarantee that the experience won’t kill you”.

Ready to step aboard?

Medicine is one of the unnatural practices invented by man who saw himself as separate from nature. As a result of this schism or fracture, we pay too high a price: first ourselves, then the planet.

By their fruits shall you know them.