

UNITED KINGDOM

- **Public vote for Brexit could disentangle the UK from unnecessarily restrictive EU laws**
- Advertising Standards Agency bans 'superfood' ads
- MHRA bans black cohosh, agnus castus and saw palmetto food supplements
- Integrated medicine/care hospitals (London & Glasgow) at risk of closure from funding cuts

BELGIUM

- Draft decree published to limit vitamins (max 6 mg for B6)
- Draft decree to turn BELFRIT (herb lists from Belgium, France & Italy) into law, creating increased legal certainty but locking out hundreds of other plant species
- Homeopathy practice by non-medical doctors eroded following 2014 decree restricting practice to allopathic doctors with homeopathic training

HOLLAND

- High dose vitamin D and B6 bans
- 4 court cases aiming to overturn bans pending

DENMARK

- Limits vitamin doses to unreasonably small amount (B6 3mg, D 10mcg, C 90mg)

SWEDEN

- High dose vitamin D and B6 bans
- 10 court cases aiming to overturn bans pending

CZECH REPUBLIC

- Outright ban on melatonin (despite 2 EU authorised health claims) and 108 plant species (e.g. yohimbe bark, sea buckthorn)

GERMANY

- **Kava kava sales expand following overturning of 12 year ban in 2014**
- Cinnamon-containing herbal teas and food supplements withdrawn from market if found to exceed EFSA 'tolerable daily limit' for coumarin

AUSTRIA

- Direct selling ban on food supplement sales in Austria maintained despite likely illegality under EU Treaty and possibility of it being referred to Court of Justice of the EU

- Denotes positive change
- Denotes negative change