



Food Pathology *New insights*

Continuing the popular Food Pathology seminars Edward Joy and Sue McGarrigle ND will probe deeper into some of our most revered health foods and get to the heart of what makes them so special. Is turmeric as great as the headlines suggest? Are some fish better for our brain than others? Is there more to carrots than Beta Carotene?

- **Cheltenham** Thursday 9th February 10.30-1.30 pm, Jurys Hotel Gloucester Road. GL51 0TS
- **Worcester** Friday 17th February 10.30-1.30pm, The Hive, The Butts. WR1 3PD
- **Southampton** Thursday 23rd March 3-6pm, Best Western Chilworth Manor Hotel, Chilworth. SO16 7PT
- **Brighton** Friday 31st March 10-1pm, Friends Meeting House, Ship St. BN1 1AF
- **Manchester** Thursday 6th April 1330-1630, Friends Meeting House, Wythenshawe Rd, Wythenshawe. M23 0DJ
- **London** Saturday 29th April 10-1pm, The Wesley Euston Hotel and Conference Centre, 81-103 Euston St, Kings Cross. NW1 2EZ (Euston tube station)
- **St Albans** Thursday 4th May 10-1pm, 7 Upper Lattimore Road. AL1 3UD
- **Cardiff** Thursday 11th May 10-1pm, Cardiff University, Main Building, Lecture Hall 1.25, Park Place, CF10 3AT
- **Nottingham** Thursday 18th May 10-1pm, Friends Meeting House, 25 Clarendon Street. NG1 5JD
- **Horsham** To be confirmed.

Sue Mc Garrigle ND DipION CNHC mBANT NNA

Sue McGarrigle is a clinical nutritionist and naturopath and has practiced as a Clinical Nutritionist since 2001. As a lecturer to college and university students to Masters level, Sue has trained hundreds of healthcare and medical practitioners in many aspects of nutritional therapy. She writes as a regular contributor to specialist nutrition articles for magazines and newspapers. Her lectures offer a comprehensive approach to nutrition practice and practical naturopathic techniques.



Edward Joy

Edward Joy has over twenty years' experience as a complementary healthcare practitioner. He is well known for his work as a herbalist but also adopts homeopathy, naturopathy and nutrition into his practice. Edward contributes regularly to articles for Only Natural and Holistic Therapist magazines. His informal lectures and herb walks are attended by health professionals in the UK and throughout Europe from Ireland to Italy.



All our seminars are free of charge & Refreshments are provided
Bookings can be made through our website or by email to: info@bionutri.co.uk or by telephone 0121 628 1901
Cancellations must be notified prior to the day of the event.

