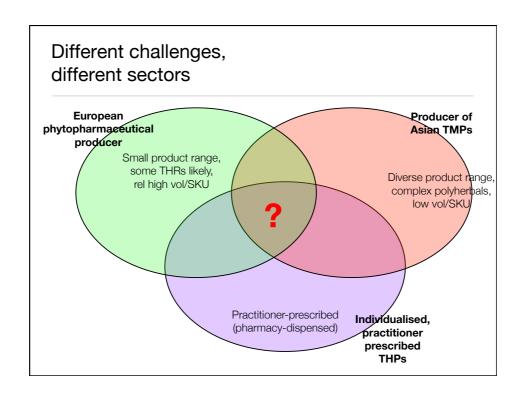


Why urgent regulatory change is needed in Europe to safeguard Ayurveda

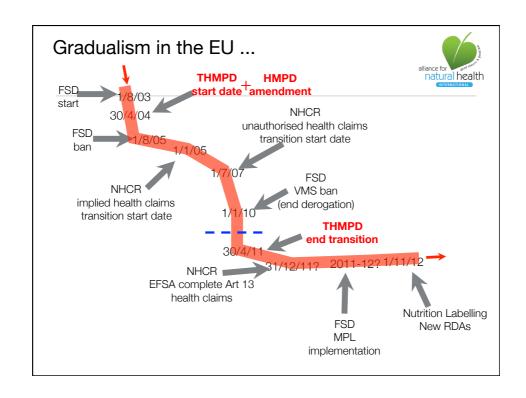
Robert Verkerk BSc MSc DIC PhD FRSM Founder, Executive & Scientific Director Alliance for Natural Health International www.anhinternational.org www.anh-europe.org www.anh-usa.org

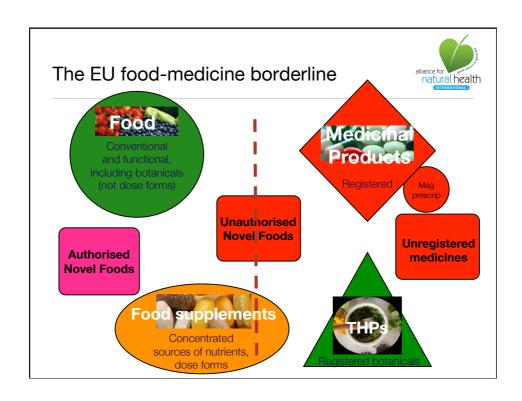


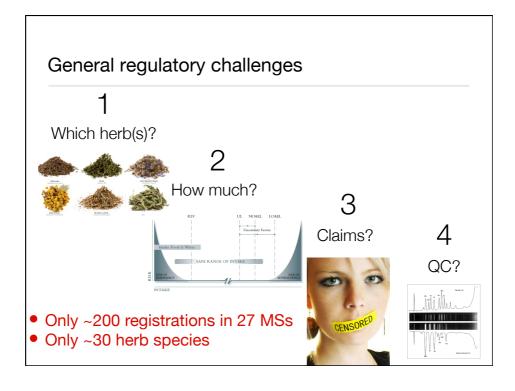
3+ millennia of healthcare Plant-based medicine Mineral-based medicine Energy-based medicine Homeopathy New-to-nature pharmaceutical-based medicine 3,000 BC 2,000 BC 1,000 BC 0 AD 1,000 AD 2,000 AD











Specific challenges for Asian products Practice and self-care with indigenous and traditional systems of Asian medicine deeply threatened after 30 April 2011 THMPD fails to meet originally conceived objective of providing appropriate regulatory regime for diverse range of THMPs Regime inaccessible for Asian THPs: disproportionate and discriminatory THMPD recognised by EC as "inappropriate" for holistic traditions such as TCM and Ayurveda Many Asian products may be excluded from food supplement regime Many herbs regarded by CAs as novel foods or medicinal

Specific challenges of THMPD

Eligibility challenges '30-year rule': 15 y

'30-year rule'; 15 year EU usage
Not intended for use by practitioners
Claims limited e.g. minor ailments only

Non-herbal ingredients excluded Innovative combinations excluded

Technical challenges

- Pharmaceutical standards derived for use with synthetic drugs
- Stability testing for complex formulae
- Insufficient monographs
- Insufficiently transparent

Financial challenges

Cost per registration



Major challenges of THMPD

- (30-year rule'; 15 year EU usage
- Pharmaceutical standards (including stability and genotoxicity testing) derived from allopathic models
- ☐ Stability testing for complex formulae
- ☐ Not intended to usably practitioners
- Claims in teach.g. minor ailments only
- herbal ingredients excluded
- Innovative combinations
- Cost per registration



Where do we go from here?



How quickly do we need to act?





Short-term actions

- a. Improvement of the food supplements regime EU-wide
- b. Judicial review of the THMPD



Longer-term action

c. Facilitation of a new regulatory framework for traditional medicinal products

Key immediate requirements





- **Tunding**
- **☑** Critical path approach
- **☑** Peer-review science publications
- **☑** Effective lobbying
- Consistent communications (unified voice)
- 'Support' from parliamentarians, governments, trade associations
- Networking



Getting the word out to elected representatives in the EU











